

# Invitation

WaterlooWellington  
DIABETES

## Annual

# “An Ounce of Prevention is Worth a Pound of Cure”

**Target audience:** Primary Care Physicians, Nurse Practitioners, Diabetes Educators

**Wednesday, November 8th, 2017**

**Registration and Buffet Lunch: 12:30pm –12:50 pm**



### 1:00 - 2:00: Using Technology to Manage Diabetes

Nancy Easton, RN, CDE

*Recognize the role of primary care in supporting people with diabetes  
Identify the various technology available to people with diabetes  
Discuss the impact of technology on patients with diabetes  
Offer consistent messaging for primary care with patients with diabetes*



### 3:00 - 3:15: Break and Networking



### 2:00 - 3:00: Gut Hormones and Diabetes

Dr. Nadira Husein

*Identify the actions of gut hormones regulating glucose homeostasis  
Discuss the therapeutic role of current therapies and their impact on diabetes  
Review when and what to prescribe  
Address monitoring and follow up*



### 3:15 - 4:15: Diabetes in Distinct Populations: A Multifaceted Challenge

Dr. Barry Simon

*Describe the diagnostic criteria for eating disorders  
Recognize the common presentation of eating disorders in Type 1  
and Type 2 diabetes  
Utilize strategies in the office to identify eating disorders  
Describe basic interventions and resources*

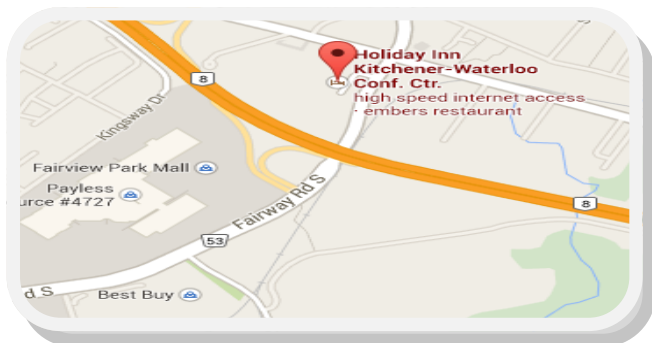


### 4:15 - 4:30: Evaluation and Close

**Moderator:** Debbie Hollahan, Director, Regional Coordination Centre— Hosted by Langs

## Holiday Inn Kitchener-Waterloo Conference Centre

30 Fairway Rd. South, Kitchener, ON N2A 2N2—519-893-1211



## Please RSVP by Wednesday Oct 25th, 2017 to:

Justine Mota

**Phone:** 519-947-1000 # 255

**Fax:** 519-219-7887

**Email:** [selfmanagement@langs.org](mailto:selfmanagement@langs.org)

**Or register at:**



Waterloo Wellington  
Self-Management  
Program

Self Management Program Ontario



