



HEALTH *Literacy*

Did You Know?

60% of adult Canadians do not have the necessary literacy skills to manage their health adequately

During this 3.5 hour workshop, participants will gain an understanding of Health Literacy concepts and learn practical skills for clear and effective communication with patients and family members.

Promoting health literacy among patients creates a more collaborative care environment, one that empowers patients to have greater involvement and control over health decisions.

LEARNING OBJECTIVES

- *Defining "Health Literacy"*
- *Identifying prevalence and effects of low health literacy*
- *Understanding their role and importance clearly*
- *Applying "Universal Precautions" in health communication*

Upcoming Workshop
VIRTUAL ONLINE CLASSROOM

Friday
January 29, 2021
9:00am- 12:30pm

Registration is required. You must provide a valid email address in order to receive further instructions to join the workshop.

**For more information or to register visit
www.wellselfmanagement.ca or call 1-866-337-3318**

CCMI Centre *for* Collaboration
Motivation & Innovation

 Waterloo Wellington
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